

SATISFACTION IN GOD

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My soul will be satisfied as with fat and rich food, and my mouth will praise you with joyful lips, when I remember you upon my bed, and meditate on you in the watches of the night; for you have been my help, and in the shadow of your wings I will sing for joy. My soul clings to you; your right hand upholds me. (Psalm 63:5-8, ESV)

Definition

Satisfaction:

- Fulfilment of one's wishes, expectations, or needs
- Fulfilment of a need or want, the quality or state of being satisfied

Synonyms:

- Contentment, content, pleasure, gratification, fulfilment, happiness, sense of well-being, sense of achievement, joy, enjoyment

Antonyms:

- Dissatisfaction, displeasure, discontent

The Example of David

David's satisfaction in life comes from his relationship with God. The very foundation of his life is God! In this scripture David recognises how God looks after him.

Satisfaction In God Brings

1. Contentment.

Contentment is a state of being and remains regardless of the emotions that we could be going through.

I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength. (Philippians 4:11-13, NIV)

The lions may grow weak and hungry, but those who seek the Lord lack no good thing. (Psalms 34:10, NIV)

The Lord is my shepherd, I lack nothing. (Psalms 23:1, NIV)

2. Joy

This joy gives us hope that no matter what we are facing, it is nothing compared to what is in store for us in our future with God.

Rejoice in the Lord always. I will say it again, Rejoice! (Philippians 4:4, NIV)

Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls. (1 Peter 1:8-9, NIV)

3. Peace

This peace comes from God and therefore surpasses our understanding

Rejoice in the Lord always. I will say it again, Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable, if anything is excellent or praiseworthy, think about such things. Whatever you have learned or received or heard from me, or seen in me put it into practice. And the God of peace will be with you. (Philippians 4:4-9, NIV)

Peace, I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. (John 14:27, NIV)

4. Strength in Weakness

To be satisfied in God doesn't mean you will no longer have failings, shortcomings or weaknesses but instead is the understanding that when we are weak, then His strength is manifested and when we come to this realisation not only will this bring satisfaction in God to us but it will also bring glory to God

Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's

sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong. (2 Corinthians 12:8-10, NIV)

He gives strength to the weary and increases the power of the weak. (Isaiah 40:29, NIV)

What Can We Do to Lead a Satisfied Life?

1. Believe & Trust God

Believe God and trust every word that He has spoken

But blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit. (Jeremiah 17:7-8, NIV)

a. His Promises

The He is faithful to His promises, no matter our expectations, seasons, or assumed timelines

For no matter how many promises God has made, they are "Yes" in Christ. And so, through him the "Amen" is spoken by us to the glory of God. (2 Corinthians 1:20, NIV)

b. His Love

His Love is all consuming and never ending and there isn't a place we can go where it won't reach us. Do you believe this? King David and Apostle Paul certainly did.

Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast. (Psalms 139:7-10, NIV)

Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. (Romans 8:35-39, NIV)

There is nothing we can do or say, nothing that can happen that would ever make God stop loving us!

...And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge that you may be filled to the measure of all the fullness of God. (Ephesians 3:17-19, NIV)

2. Do Not Worry

Do not worry about anything, not your past, nor present or the future, instead pray and leave it in God's hands

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7, NIV)

3. Do Not Get Weary or Give Up

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. (Galatians 6:9, NIV)

Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. (Philippians 3:12-14, NIV)

Let's not get tired, let's not get weary, let's not stop because our reward is in heaven and it is eternal.

Conclusion

Yes, this world has much to offer, but none of it can fully satisfy nor can it last! We will always be partially satisfied or completely unsatisfied unless we put God first and find our satisfaction in Him and this can only happen if we know God personally just as David did.